HOW TO USE CINAHL

Mount Saint Mary College
Topics for today

- Database or search engine—which to choose?
- What is CINAHL?
- What about PubMed?
- How do I decide what to search?
- Can I access CINAHL on and off campus?
- Let’s go live and search!
WHAT IS A DATABASE?

- Organized and searchable list of published information
- Contains citations, abstracts and articles
- CINAHL is a database
WHAT IS A SEARCH ENGINE?

- A software program that searches for Web sites
- Searches based on the words that you enter as search terms
- Search engines look through their own databases of information in order to find what it is that you are looking for
INTRODUCING CINAHL

- What does CINAHL stand for?
  - Cumulative Index to Nursing and Allied Health

- What can I find in CINAHL?
  - Authoritative (peer-reviewed) literature specific to nursing and allied health

- What does CINAHL cover?
  - Indexes more than 1200 English language journals
  - Covers 1982 to present
  - Updated every other month
# CINAHL vs. Google

<table>
<thead>
<tr>
<th><strong>Google</strong></th>
<th><strong>CINAHL</strong></th>
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<tbody>
<tr>
<td>• Coverage: 25,000,000,000+ pages</td>
<td>• Coverage: articles from 1982 - present</td>
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<tr>
<td>• Focused on any information anyone wants to put up on the Web</td>
<td>• Focused on nursing and allied health literature</td>
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<tr>
<td>• No controlled vocabulary</td>
<td>• Uses CINAHL Subject Headings</td>
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Access to bibliographic information that includes MEDLINE

Articles from certain general science and chemistry MEDLINE journals that have life sciences articles indexed for MEDLINE.

Additional life science journals that submit full text to PubMedCentral and receive a qualitative review by NLM.
choice

EXIT NOW
WHERE TO START?
FORMULATING A SEARCH STRATEGY

Search Strategy

Develop your question

Identify needed information

Search for information
DESCRIBE THIS.....
PEDiatric NURSing CASE STUDY

- Minimum 5 journal articles
- Describe nursing interventions to achieve your goals
- Provide a rationale for at least one intervention per nursing diagnosis USING AN ARTICLE from a nursing journal
1. Develop your question
2. Identify needed information
3. Search for information
CONNECTING TO CINAHL: OFFCAMPUS

- Go to library homepage
  http://library.msmc.edu/
- Use your college ID and name to login
  enter all the zeros
Chicago Tribune (ProQuest)
Full-text coverage from 1983 to present.

Children’s Literature Comprehensive Database
Critical reviews and other information about children’s books, multimedia, audiobooks, etc. Contains book jacket images, links to author and illustrator web sites, information on award-winning titles, plus best books lists and all state reading lists. Reading measurement parameters of the Accelerated Reader, Degrees of Reading Power, Lexile, and Reading Counts are provided.

CINahl with Full Text (EBSCO)
The definitive research tool for all areas of nursing and allied health literature.

Clase Periodica (OCLC FirstSearch)
Articles, essays, book reviews, conference proceedings, interviews, etc. from Latin American journals covering the social sciences, humanities, science, and technology. Includes material in Spanish, Portuguese, French, and English.

CollegeSource Online
Complete and printable college catalogs for 2-year, 4-year, and graduate schools in the U.S. and internationally. Detailed college profiles. Search for colleges by major, location, enrollment, tuition, etc.

The Columbia Gazetteer of North America
Comprehensive encyclopedia of geographical places and physical features in the United States, Canada, Mexico, and the Caribbean.

Communication and Mass Media Complete (EBSCO)
Quality research articles in areas related to communication studies and mass media.

Computing (ProQuest)
An excellent resource for computing topic, including software, hardware, e-commerce, web site development, intranets and extranets, systems design, databases, and technology management.

CountryWatch
Up-to-date news and information on each of the recognized countries of the world, including demographic, political, economic, business, cultural, and environmental information. Daily news coverage, news archive, maps, and other images.
<table>
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<tr>
<th>Browsed for: anesthesia</th>
<th>Explode</th>
<th>Major Concept</th>
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<tbody>
<tr>
<td>Anesthesia (Scope)</td>
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<tr>
<td>Acupuncture Anesthesia</td>
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<td>Anesthesia Adjuncts</td>
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<tr>
<td>Anesthesia and Analgesia (Non-Clinical)</td>
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<td>Anesthesia Equipment and Supplies</td>
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<td>Anesthesia Induction</td>
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<td>Anesthesia Nursing</td>
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<td>Anesthesia Recovery</td>
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<tr>
<td>Anesthesia, Conducted</td>
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<tr>
<td>anesthetist (Search as Keyword)</td>
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</tbody>
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1. The effectiveness of 4% intracuff lidocaine in reducing coughing during emergence from general anesthesia in smokers undergoing procedures lasting less than 1.5 hours.  
   Yurma G; Ancona AL AANA Journal, 2008 Aug; 76 (4): 246 (journal article) ISSN: 0094-6354 CINAHL AN: 2010003480
   PDF Full Text
   Add to folder

2. Education news. Simulation-based education: what's in it for nurse anesthesia educators?  
   Turcato N; Roberson C; Covert K AANA Journal, 2008 Aug; 76 (4): 257-62 (journal article) ISSN: 0094-6354 CINAHL AN: 2010003465
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3. Attrition in nurse anesthesia educational programs as reported by program directors: the class of 2005.  
   Dusko MP; Janis S; Schlosser K AANA Journal, 2008 Aug; 76 (4): 277-81 (journal article) ISSN: 0094-6354 CINAHL AN: 2010003490
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6. General principles of anesthesia in pediatric cardiac surgery.  
   Zaid AA Internet Journal of Anesthesiology, 2008; 17 (1): 2 (journal article) ISSN: 1092-405X CINAHL AN: 2010009036
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2. A pilot study: 0.2% vs. 0.5% lidocaine for intravenous regional anesthesia.
   - Mabee J Internet Journal of Anesthesiology, 2008; 17 (1): 17 (journal article) ISSN: 1092-406X CINAHL AN: 2010009051
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3. The effectiveness of 4% intracuff lidocaine in reducing coughing during emergence from general anesthesia in smokers undergoing procedures lasting less than 1.5 hours.
   - (includes abstract); Wetzel LE; Ancone AL; Cooper AS; Kortman AJ; Loniewski GB; Lebeck LL AANA Journal, 2008 Apr; 76 (2): 105-8 (journal article - clinical trial, research, tables/charts) ISSN: 0094-6354 PMID: 18478614 CINAHL AN: 2009892331
   - PDF Full Text
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   - Cited References: (10)

   - (includes abstract); Geisz-Everson MA; Wren K; Kennedy L AANA Journal, 2008 Feb; 76 (1): 25-7 (journal article - case study) ISSN: 0094-6354 PMID: 18323316 CINAHL AN: 2009808836
   - PDF Full Text
   - Add to folder
   - Cited References: (10)

5. A comparison of low dose lidocaine fentanyl subarachnoid block and local anaesthesia/propofol infusion for outpatient knee arthroscopic procedures.
   - (includes abstract); Sethi N; Sood J; Jain A; Kumra VP; Bhasin VB Internet Journal of Anesthesiology, 2007; 15 (1). (11p) (journal article - clinical trial, research, tables/charts) ISSN: 1092-406X CINAHL AN: 2009731448
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6. Anaesthetic management of a morbidly obese patient posted for liposuction.
   - (includes abstract); Singh KV; Oak S; Patel RD; Dewoolker LV Internet Journal of Anesthesiology, 2007; 14 (2). (Sp) (journal article - case study) ISSN: 1092-406X CINAHL AN: 2009808499
1. Assigning CMs to cancer program improves throughout.
   Hospital Case Management, 2008 Jul; 16 (7): 103-5 (journal article) ISSN: 1087-8652 CINahl AN: 2009678119
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2. To manage pain, combine assessment with education: communication key for successful management.
   Case Management Advisor, 2008 Jun; 19 (6): 67-8 (journal article) ISSN: 1053-5506 CINahl AN: 200938821
   PDF Full Text
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3. Disease management programs for the underserved.
   (includes abstract); Herswell R; Butler MK; Kaiser IM; Moody-Thomas S; McClabb S; Besse J; Abrams A Disease Management, 2008 Jun; 11 (3): 145-52 (journal article) ISSN: 1093-507X PMID: 18564026
   CINahl AN: 2009544116
   PDF Full Text
   Add to folder

4. Make time for skin cancer education in May: observance month, community outreach a natural.
   Case Management Advisor, 2008 Apr; 19 (4): 45-7 (journal article) ISSN: 1053-5500 CINahl AN: 2009879716
   PDF Full Text
   Add to folder

5. CM cancer program reduces readmissions: proactive approach starts at diagnosis.
   Case Management Advisor, 2006 Mar; 19 (3): 31-3 (journal article) ISSN: 1053-5500 CINahl AN: 2009876891
   PDF Full Text
   Add to folder
Disease management programs for the underserved.

Title: Disease management programs for the underserved.

Author(s): Horwitz B; Butler MK; Kaiser M; Moody-Thomas S; McMillan S; Basse J; Abrams A

Source: Disease Management (DIS MANAGE), 2008 Jun, 11(3): 145-52 (9 ref)

Publication Type: journal article

Language: English

Major Subjects: Disease Management
Medically Underserved Area

Minor Subjects: Adolescence; Adult; Female; Health Promotion; Louisiana; Male; Middle Age; Program Development; Program Evaluation -- Methods

Abstract: Disease management has become an important tool for improving population patient outcomes. The Louisiana State University Health Care Services Division (HCSD) has used this tool to provide care to a largely uninsured population for approximately 10 years. Eight programs currently exist within the HCSD focusing on diabetes, asthma, congestive heart failure, HIV, cancer screening, smoking cessation, chronic kidney disease, and diet, exercise, and weight control. These programs operate at hospital and clinic sites located in 8 population centers throughout southern Louisiana. The programs are structured to be managed at the system level with a clinical expert for each area guiding the scope of the program and defining new goals. Care largely adheres to evidence-based guidelines set forth by professional organizations. To monitor quality of care, indicators are defined within each area and benchmarked to achieve the most effective measures in our population. For example, hemoglobin A1c levels have shown improvements with nearly 54% of the population ≥7.0%. To support these management efforts, HCSD utilizes an electronic data repository that allows physicians to track patient labs and other tests as well as reminders. To ensure appropriate treatment, patients are able to enroll in the Medication Assistance program. This largely improves adherence to medications for those patients unable to afford them otherwise.

Journal Subset: Health Services Administration; Peer Reviewed; USA

Special Interest: Case Management

ISSN: 1083-507X

MEDLINE Info: PMID: 18564026 NLM UID: 9802539
USING AND TO COMBINE SEARCH TERMS.

○ Now lets combine both your search for “Anesthesia, Local” and “Lidocaine” by typing 1 and 2 into the search box.
LIMITS

CINALH also allows you to set the following “quick limits.”

- English
- Full Text
- Age
- Gender
No Hits or Not Enough Hits?

- Use more general search terms.
- Reduce the number of terms you are using.
- Look for alternate terms.
Too Many Hits?

- Try to narrow your search by combining search terms using “AND.”
- Set limits by date, etc.
Review

- Databases are a better choice than Google for research
- CINAHL is a database of nursing articles
- PubMed is a database used in hospital libraries
- When deciding where to search remember that CINAHL is more authoritative than Google for nursing research
- Think before you search
- The Library can help you with using resources such as databases like CINAHL
Thank YOU!